

Bleeding after birth:
Course on prevention, diagnosis and treatment of postpartum haemorrhage

OSCE 1: Prevention of PPH

Guidelines to be read to participants:

- For each station assume you are alone in a rural health care facility with no surgical or blood transfusion capacity. You have all equipment and supplies necessary for a normal vaginal birth.
- All essential information will be provided to you at the start of each OSCE station.
- Ask the evaluator to clarify any questions prior to beginning. Once the OSCE has started, the evaluator will not provide any further information.
- You will have 4 minutes to complete this OSCE.
- Talk to and care for the woman in front of you exactly as you would in real life. Do NOT talk to the woman as an examiner!
- Be explicit in verbalizing your clinical thinking and subsequent decisions.
- If you give a medication, you must state what you are giving, the dose, the route, and why you are giving it.

Instructions for the Examiner

- Review the instructions for the participant.
- Start with baby on top of the simulator's abdomen.
- For cutting the cord, observe for cutting after uterotonic.
- Observe only; do not intervene in demonstration of the participant.
- In the items below you will see *instructions to you in italics*. Follow these instructions.
- The feedback will be held at the end of the assessment for all learners.

Read the following to the learner: "You are alone in a rural facility and at the start of this scenario you have just now delivered my baby and placed it on my abdomen in skin-to-skin contact, dried her, and have put a bonnet on her head and covered her. She is breathing well and cried at birth."

Pass score is 9/11

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Participant name or ID# _____ Date _____

	Checklist of skills	Check appropriate box for each item	
		<i>Performed to standard</i>	<i>Did NOT perform to standard</i>
1.1	Following birth of the baby, checks for a second baby		
1.2	Tells the woman they would like to give a medication to help the uterus contract and obtains the woman's consent		
1.3	Gives uterotonic medication within 1 minute of birth of the baby (states correct dose, route, drug) and before cutting the cord		
1.4	Applies counter pressure when performing controlled cord traction		
1.5	Performs controlled cord traction only when the patient is having a contraction		
1.6	Uses both hands to catch the placenta and gently turns the placenta while it is being delivered		
1.7	Checks uterine tone immediately following delivery of the placenta		
1.8	Inspects the placenta for completeness		
1.9	Checks for genital tears		
1.10	Checks the woman's bleeding		
1.11	Provided respectful care and good communication. Told you what was to happen and why, and informed you of the findings.		

Score _____/11 **Pass / Fail** (circle one)